

hope news

volume 25/#4 • fall 2015

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Thank you for making Alex's independent life possible.

Alex's parents, Scott and Suzanne, would like you all to know how much they value your friendship and your care for Alex at Lakewood and Hope House.

All of you who live at Lakewood were Alex's friends and that friendship was very important. He really liked living with all of you. You made him happy. He liked doing fun things with you. He liked talking with you and going bowling with you and other fun times. You were his Virginia Beach family. His parents will always remember each of you because you were a special part of Alex's life.

And his parents also know that some of you were Alex's friends from other places, like the Arc, Cinema Café, the Chosen, his reading class, and First Home Care. You, too, were



important to Alex and part of the reason he had a good life here in Virginia Beach. You are all so very special to us too.

And we want to say thank you to all the people who supported Alex each day, who made his independent life possible, who helped him be active in his community and live his life the way he wanted to... always busy, always looking for more entertainment and adventure, always learning new things. You, too, are very special people who make a huge difference in people's lives. You also are an important part of our joy in Alex's

very good life, in Alex's happiness, in Alex's ability to live life to the fullest. As parents we always knew that Alex was well cared for and that someone was always there for him.

There aren't really words to explain how much everyone one of you meant to Alex and how much you mean to us.

Please know that you were loved, that you were appreciated and that you are very important people. —Scott and Suzanne Ripley



HOPE HOUSE
FOUNDATION

Hope House continues to lead the charge and change.



Josh Harris

Thanks to the 2012 settlement of the Department of Justice suit against the Commonwealth of Virginia, more funding is now available to those with intellectual and developmental disabilities enabling them

to live in the community with services provided by organizations like Hope House Foundation.

In order to keep up with the resulting demand, the Hope House Residential Corp. has been aggressively looking to buy new apartment communities. Today's real estate environment has made this task especially tough. Thanks to donations from supporters, revenue from service users, grants from the community and wise fiscal management, we are able to do this. Being an owner is especially dear to us as we try to prudently find reasonably priced property that

“More funding is now available to those with intellectual and developmental disabilities enabling them to live in the community with services provided by organizations like Hope House Foundation.”

is safe and comfortable and fits into our model of community inclusion. As owners, we are able to improve these properties structurally and aesthetically, as well as make them accessible for people we serve.

The process is often arduous, but it is fun. The committee, along with experienced staff, walk these properties with measuring tapes and visions of grandeur in our heads.

We ask ourselves, would we want a member of our family to live here?

The reward comes when we get to see the people we support move in and make these apartments their own homes. To see the things that are too often taken for granted is extremely gratifying—whether it's seeing someone's favorite poster or original artwork on the wall, friends coming over for a birthday party or a cat hiding under a bed. These are the things in life that make us all happy, the reason staff is so dedicated and why our volunteer time is so valuable.

Fifty years ago this organization started as a group home on Granby Street. We have evolved to become a national model for community-based care with every individual living in their own homes. What will we look like in another 50 years? Only time will tell! But, we know Hope House will continue to lead the charge and change.

Josh Harris
President, Hope House Foundation
Board of Directors



Congratulations on your selection as a 2015 Woman of Distinction! The word “distinction” has multiple meanings, but most important, it's the difference between talk and action. You took action and because of your exceptional work and commitment to non-profit, you are paving the way for the next generation of young professional women. On behalf of all of us at Tidewater Community College, well done and you have set the bar extremely high!

— Edna V. Baehre-Kolovani, Ph.D.
President, Tidewater Community College

Substitute Decision—Making Authority

Brian Boys, Attorney, Atlantic Law PLC

One of the most important parts of any estate plan is naming someone to assist with or make decisions for you in the event that you are unable to do so on your own. The two main tools used to appoint a substitute decision maker are a General Durable Power of Attorney and a Medical Power of Attorney.

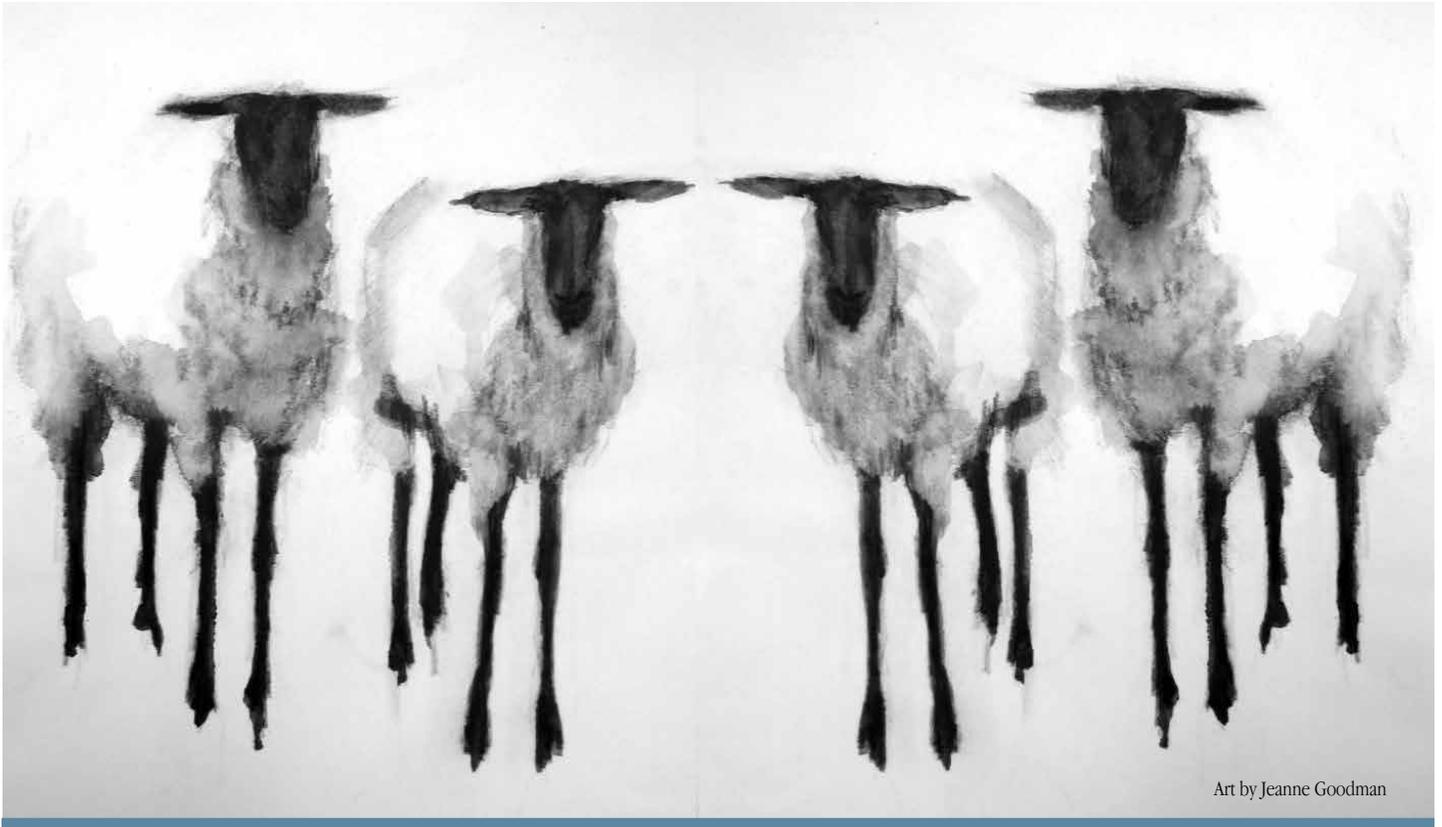
In a General Durable Power of Attorney, you appoint a primary and successor agent who can assist with or make financial and property decisions (e.g., bill paying, investment management, and real property transfers) in the event that you need assistance or become either temporarily or permanently incapacitated. If you do not execute a General Durable Power of Attorney and you are unable to handle your affairs, then it may become necessary for a court to appoint a conservator for you.

A Medical Power of Attorney allows you to appoint a primary and successor agent to make medical decisions for you in the event that your attending physician (and usually a second physician or a psychologist, called a capacity reviewer) certifies that you are unable to do so. If you do not execute a Medical Power of Attorney, then it may become necessary for a court to appoint a guardian for you.

Because the process of petitioning a court to appoint a guardian and conservator can be lengthy and expensive, and it may result in the appointment of someone you would not have chosen, it is better to plan ahead, if possible, by executing a General Durable Power of Attorney and Medical Power of Attorney.

Stockley Gardens 2015 Fall Art Festival

Voted in the top two art events in Eastern Virginia



Art by Jeanne Goodman

SATURDAY, OCTOBER 17, 10 AM—5 PM | SUNDAY, OCTOBER 18, NOON—5 PM

Stockley Gardens Park in Historic Ghent • Art Party, Saturday 5—7 pm • 135 artists • Live Music • Kids' Activities • Free

Stockley Gardens Park provides a unique atmosphere for the festival with its garden setting in the heart of the historic district in Ghent. The festival attracts more than 25,000 people who enjoy the art, live music, an array of food and the community atmosphere every spring and fall.

Artists come from across the United States and as far away as Israel to participate in the festival. The weekend includes a line-up of musical entertainment, a variety of food vendors, community row with area nonprofit organizations and children's activities.



Saturday, October 17

- 10:00 a.m., Dan Pellegrino
- 10:30 a.m., Alice Conner
- 11:30 a.m., Dyska
- 1:00 p.m., Aaron Randolph
- 3:00 p.m., Red Clover Ghost
- 5:00 p.m., The Framers

(pictured, left)

Sunday, October 18

- Noon, Dustin Furlow
- 12:30 p.m., Vinny Peculiar
- 1:30 p.m., Slackdog
- 3:30 p.m., Side Project

Art winners will be announced during The Art Party on Saturday, October 17 from 5 to 7 p.m. Admission is free. The event includes a cash bar with wine and beer from O'Connor Brewery and entertainment by The Framers.

TowneBank is the presenting sponsor. Other sponsors include Mancon, Inc., Miller Oil, Capital Group, Ghent Business Association, Sinclair Stations, WHRO, Coastal Virginia Magazine and VEER.

For the complete schedule, visit www.hope-house.org.



The Eyes of Hope



Hope Cup

This year's Hope Cup raised more than \$4,000 for Hope House. We had a record number of 30 teams (9 more than last year) and 327 players.



Hope Cup photos: KLW Photo

“Don’t be satisfied with stories, how things have gone with others. Unfold your own myth.”

—Rumi, *The Essential Rumi*



Ghent Bar Tour

The Ghent Bar Tour raised \$8,300 for Hope House.
Cheers to all who participated!



Ghent Bar Tour photos: Eric David Newton

Chelsea West Fest

Meet us in Chelsea, Norfolk's newest beer, food, retail and fun district for the 2015 Chelsea West Fest featuring local music & makes on October 3. This festival celebrates all good things in the 757. Experience everything local with handmade items from 40 crafters, talented musicians, Smartmouth beers, delicious food and product vendors. Chelsea West Fest is presented by Uncle Bob's Self Storage and is located at the corner of Orapax Street & Boissevain Avenue in West Ghent, Norfolk. It's free, and there's something fun for the whole family!

Kids activities

12:00–6:00 Bobby the Clown with balloon animals and face painting
1:00–2:00 Carrie Criddle
Hula Hooping

Music

12:00–12:30 Dustin Furlow
12:30–1:00 Skye Zentz
1:30–2:30 Jacob Vanko
3:00–4:00 Broken Mouth
Annie
4:30–6:00 Major & The Monbacks



Major & The Monbacks

CHELSEA
WEST FEST
Saturday, October 3
Noon-6 pm

Bank of America Community Development Grant



Hope House Board Member/Treasurer Jonathan Gray, Development Director Elena Montello and Hope House Board President Joshua Harris are presented with a check for \$10,000 from Bank of America's Community Development Grant to renovate and enhance accessibility of kitchens for individuals supported by Hope House Foundation.

Movie Review

Spongebob: Sponge Out of Water 3D
by Larry Guynn

Rating: Five out of Five Stars.

This movie is a comedy good for all ages. This was different than the cartoon because it was in 3D! It's full of surprises and you never quite know where the plot is going. My favorite part was Spongebob's evil twin. I went shortly after this film came out and it still wasn't very crowded. Regal Cinemas MacArthur is the best local place to see movies in my opinion because the staff supporting you can come for free.

HAVE YOU HEARD THE BUZZ?

The Buzz is produced by the people Hope House supports. See previous articles at www.hope-house.org.



More CHELSEA WEST FEST

Bring Stuff/Get Stuff

Two Men & A Truck will have a truck to collect gently used items for the Hope House Thrift Shop. Clean out your closets, drop off your stuff and then shop for new treasures.

Bike Scavenger Hunt

Join the Hope House bicycle scavenger hunt as you explore the Elizabeth River Trail on a self-guided tour. Take a short bicycle ride (less than four miles) and search for your favorite local art along the way. Be sure to take a selfie post it to @HopeHouseVA with the artist's name as you find the hidden treasures. Sign up in advance. This family-friendly scavenger hunt is being led by ecocycling.org, a local movement that encourages healthy habitats for all.

Where: The Big Yellow House at 1231 Boissevain Ave., Norfolk, VA 23507
When: Saturday October 3, 10am to 4pm
Who: All #ecoART bicycle scavenger hunters
Receive a Hope House gift bag with your #ecoART treasure hunt map and



Broken Mouth Annie

instructions the day of the event.

While you're in the neighborhood, stroll through historic West Ghent and visit the unique eateries just steps away.

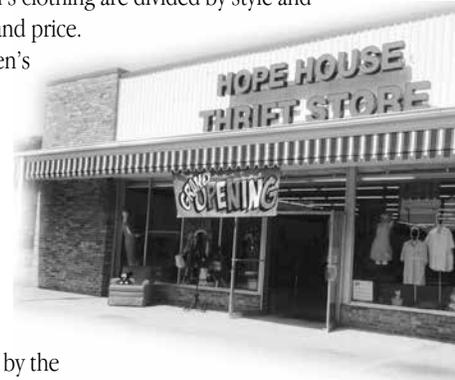
Hope House Opens Second Thrift Shop in Chesapeake

Hope House Foundation recently opened a second Thrift Shop location in the Gilmerton Shopping Center on George Washington Highway in Chesapeake. The 6,000-square-foot location is part of a very active shopping center that is filled with long-term national and local businesses.

When you visit, you'll see some of the familiar employees from the Hope House Thrift Shop in Norfolk. You will also see the same high quality, gently used merchandise that is creatively displayed to make shopping pleasant and efficient. Men's and women's clothing are divided by style and color and clearly marked with size and price.

Other merchandise includes children's clothing, shoes, jewelry, handbags, hats, housewares, electronics, linens and furniture. There is plenty of parking, and it's easy to shop or drop off items.

Your donations are gladly accepted at either location. If you have large furniture to donate, call 757-625-7493 to schedule a pick-up by the Hope House Thrift Shop truck. At both locations, 100% of the proceeds support services at Hope House Foundation. Please come visit, shop and donate often!



Chesapeake

1100 N. George Washington Hwy.
Chesapeake, VA 23323
757-625-7493
Open Mon-Sat, 10 am-6 pm
Closed Sundays

Norfolk

1800 Monticello Ave.
Norfolk, VA 23510
757-625-7493
Open Mon-Sun, 10 am-6 pm

"I am no bird; and no net ensnares me:
I am a free human being with an
independent will."

-Charlotte Brontë, *Jane Eyre*

Hope House Foundation Board of Directors

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fall 2015

hope news events

BE OUR FRIEND!  

Oct 3 **Chelsea West Fest** Meet us in Chelsea, Norfolk's newest beer, food, retail, fun district for a full-day celebration including music, vintage cars, food trucks and more. Free and open to the public.

Oct 17-18 **TowneBank presents the 2015 Stockley Gardens Fall Arts Festival.** Enjoy the works of over 140 artists in a variety of media on Saturday, October 17, from 10 a.m. to 5 p.m. and Sunday, October 18, from noon to 5 p.m.. The after-hours party and artists' reception will take place on Saturday from 5 to 7 p.m. Visit StockleyGardens.com for more information.

Oct 24 **Cogan's BeerFest.**

Oct 25 **Jake's Place Men's Spa.** The 2015 Beards, Bands and Brews will be held at O'Connor's from 2 to 6 p.m. This event features two local bands, oysters, pig and great beer. Tickets are \$30/advance or \$35/door. Proceeds benefit Hope House Foundation. Contact Keeley Fenning at 757-625-6161, X 509.

Visit Hope-House-Thrift-Store.com to find out about the thrift shop's daily and biweekly deals!